

# Jaden Seale

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times									
2024 Region 8 Opener	11-02-2024			41.81		1:40.90			
24-25 Timpanogos @ Her	11-05-2024			42.09		1:42.45			
Mountain View & Timpan	11-13-2024			40.19		1:34.76			
2024 Thanksgiving Invi	11-22-2024	3:34.59				1:33.94			
THS, MVHS, Provo, Maes	12-04-2024			40.47				1:46.33	
2024 Payson vs. Mt. Vi	12-12-2024					1:37.07			
Wasatch Winter Invite	12-13-2024			41.60		1:41.71			
2025 Senior Night	01-08-2025			42.26		1:38.30			
Red Rock HS Invite - J	01-10-2025			43.04		1:33.69			
Hillcrest vs Timpanogo	01-14-2025			41.93		1:34.14			
Region 8 Championships	01-24-2025	3:40.18						1:45.44	

2021-2022 2022-2023 2023-2024 2024-2025

