

Kynlie Swainston

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times									
2024 Region 8 Opener	11-02-2024					1:14.29			
24-25 Timpanogos @ Her	11-05-2024			32.26					
Mountain View & Timpan	11-13-2024					1:18.80			
2024 Thanksgiving Invi	11-22-2024	3:02.65		31.56					
THS, MVHS, Provo, Maes	12-04-2024					1:12.41			
2024 Payson vs. Mt. Vi	12-12-2024		3:26.63			1:15.97			
Wasatch Winter Invite	12-13-2024			32.96		1:12.29			
Red Rock HS Invite - J	01-10-2025			34.06					
Region 8 Championships	01-24-2025			31.01		1:12.32			

2021-2022 2022-2023 2023-2024 2024-2025

