

Lincoln Allen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
Region VIII Opening Me	11-04-2023		2:38.72	29.82			6:26.45		
Payson v Provo and SHH	11-14-2023					1:05.54			1:22.93
2023 Thanksgiving Invi	11-17-2023	2:24.15					6:26.52		
Payson@Logan	11-29-2023	2:25.83							1:22.37
Payson v Orem and Sprin	12-05-2023					1:04.16			1:22.22
Tri Meet	12-13-2023		2:45.88			1:09.35			
2024 Payson vs. Mt. Vi	01-09-2024	2:29.22						1:19.94	
2024 Salem Hills vs. P	01-11-2024			29.83			6:39.35		
Payson, North Sanpete@	01-16-2024	2:31.08							1:26.19
Region VIII Championsh	02-02-2024		2:41.04						1:21.64

2020-2021 2021-2022 2022-2023 2023-2024

