

Avery Allinson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:44.71		34.50		1:13.05		1:21.61	
2022-2023 Best Times		2:34.91		32.75		1:11.10		1:21.71	
Region VIII Opening Me	11-04-2023	2:33.66						1:20.02	
2023 Nebo Invitational	11-11-2023	2:31.99				1:12.00		1:19.21	
Payson v Provo and SHH	11-14-2023	2:33.84						1:16.46	
2023 Thanksgiving Invi	11-17-2023	2:30.12						1:14.70	
Payson@Logan	11-29-2023	2:35.51				1:12.77			
Payson v Orem and Sprin	12-05-2023			32.15				1:21.61	
Tri Meet	12-13-2023	2:35.19				1:10.12			
Red Rock Invitational	01-05-2024	2:32.05						1:16.82	
2024 Payson vs. Mt. Vi	01-09-2024			32.00		1:13.41	7:08.74		
Region VIII Championsh	02-02-2024	2:35.12						1:17.83	

2020-2021 2021-2022 2022-2023 2023-2024

