

# Henry Williamson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
Region VIII Opening Me	11-04-2023					1:03.74			1:28.55
2023 Nebo Invitational	11-11-2023			28.83					1:31.13
Payson v Provo and SHH	11-14-2023					1:06.55			
Payson@Logan	11-29-2023			28.82					1:35.98
Payson v Orem and Sprin	12-05-2023			29.04				1:29.04	
Tri Meet	12-13-2023			28.56					
2024 Payson vs. Mt. Vi	01-09-2024			28.70					

2020-2021 2021-2022 2022-2023 2023-2024

