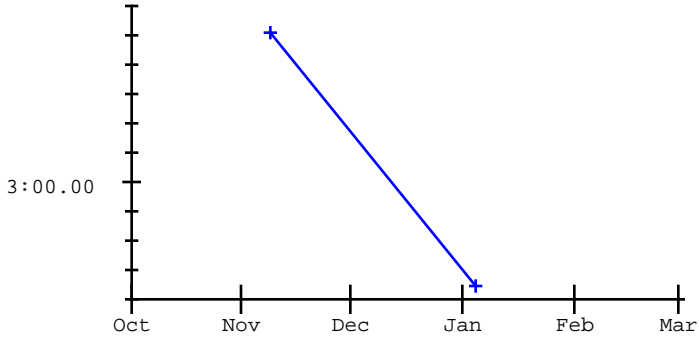


Ella Capener

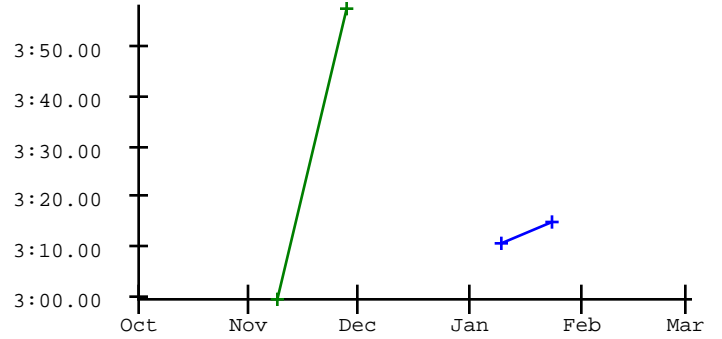
Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times		2:56.53	3:10.65	32.69		1:13.42	8:24.75	1:29.49	1:37.21
2324 Box Elder Invite	11-04-2023			31.38		1:11.17			1:34.75
Box Elder @ HHS 11.7.2	11-07-2023			30.63		1:09.53			
2324 Roy and Bonneville	11-09-2023		2:59.07					1:21.10	
2023 Nebo Invitational	11-11-2023			30.78	1:26.93				
2023 Thanksgiving Invi	11-17-2023					1:10.45		1:22.41	
Fremont, Box Elder @ O	11-28-2023		3:57.47				7:30.77		

2020-2021 2021-2022 2022-2023 2023-2024

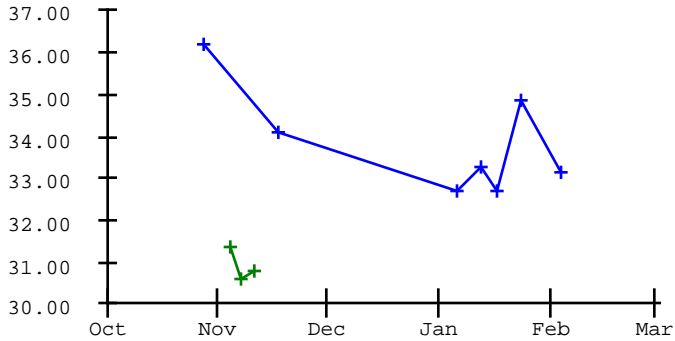
200 Free



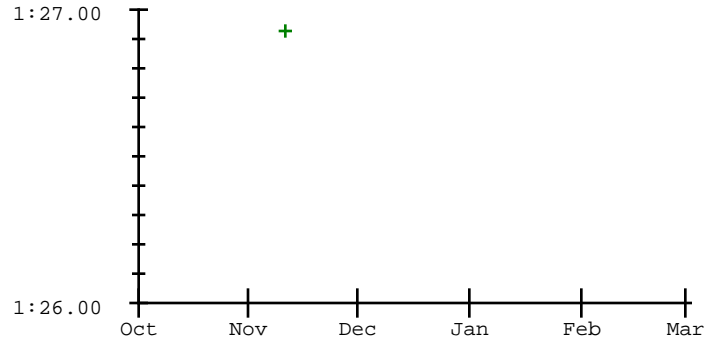
200 I.M.



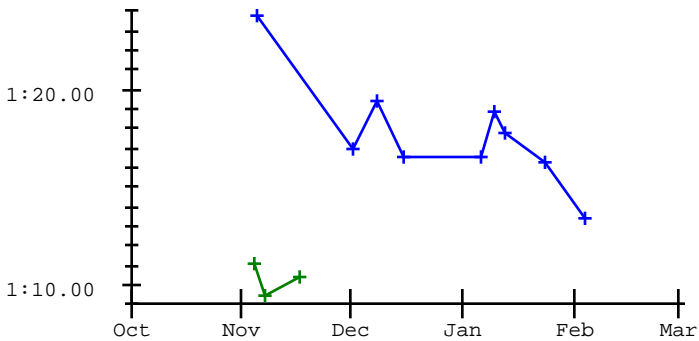
50 Free



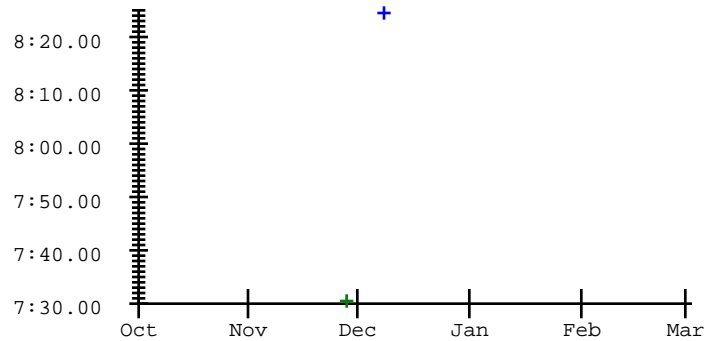
100 Fly



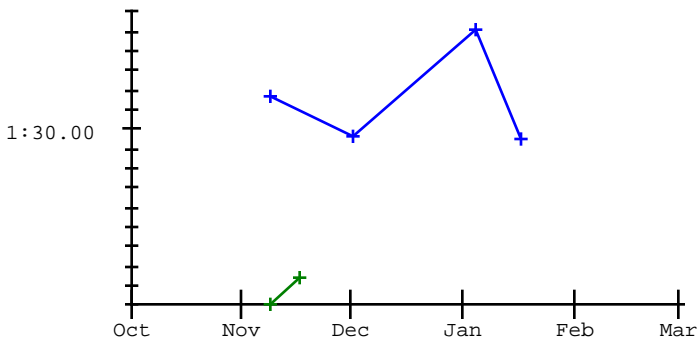
100 Free



500 Free



100 Back



100 Breast

