

Landon Rasband

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2021-2022 Best Times | | | | | | | | | |
| 2022-2023 Best Times | | | | | | | | | |
| 2023-2024 Best Times | | | | | | | | | |
| Pre Region 24 | 11-02-2024 | | | 29.22 | | | 6:38.30 | | |
| Wasatch Kickoff Invite | 11-09-2024 | | | 27.95 | | 1:03.79 | | | |
| Wasatch at Olympus | 11-19-2024 | 2:18.13 | | | | 1:05.46 | | | |
| Wasatch v. Springville | 11-21-2024 | | | 28.80 | | 1:04.14 | | | |
| 2024 Thanksgiving Invi | 11-22-2024 | 2:17.06 | | | | 1:02.71 | | | |
| Wasatch Winter Invite | 12-13-2024 | | | | | 1:00.67 | | | |
| Red Rock HS Invite - J | 01-10-2025 | | | 27.85 | | 1:00.23 | | | |
| Wasatch v. Union & Mo | 01-14-2025 | | 2:33.15 | 28.28 | | 1:00.16 | | | |
| Region 7 Championships | 01-24-2025 | | | 27.65 | | 1:00.32 | | | |

2021-2022 2022-2023 2023-2024 2024-2025

