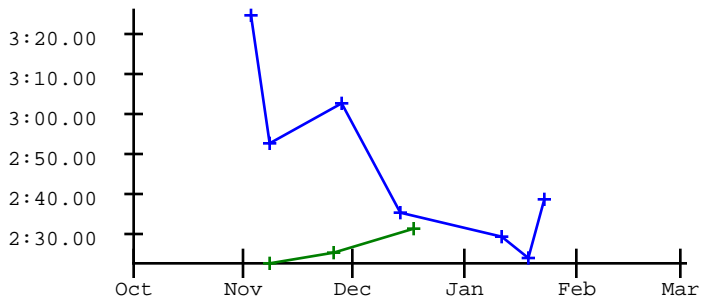


Paul Damron

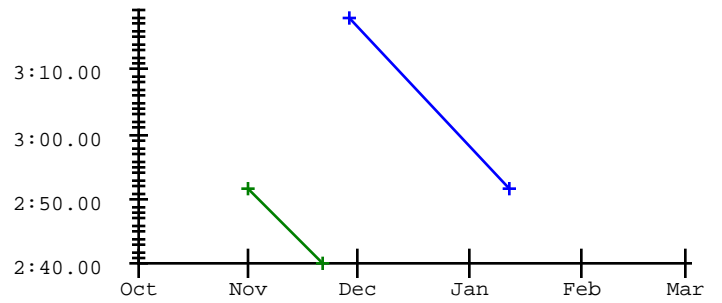
Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times		2:23.82	2:51.60	27.27	1:20.65	1:04.72	8:55.27	1:07.46	1:18.59
Grand Kickoff Meet	11-01-2024		2:51.77			1:02.53	6:53.71		
Cedar City Nov Meet 20	11-08-2024	2:22.30		27.18					1:15.82
GHS, MHS, NSHS @ RHS 1	11-14-2024				1:13.56	1:02.13		1:09.39	
EHS, GHS, MHS @ RHS 11	11-15-2024			26.52		59.34			
Carbon & Delta @ RHS	11-21-2024		2:40.15				6:42.17		
Richfield and Manti @	11-26-2024	2:24.72						1:10.99	
RHS & DHS @ MHS	12-10-2024					58.80			1:17.61
Manti Home Meet 12-17-	12-17-2024			25.69			6:37.29		
Richfield @ Emery High	12-18-2024	2:31.09			1:08.77				
Cedar Jan Meet 2025	01-10-2025							1:09.14	1:19.36
Hurricane & Grand @ Ri	01-15-2025			25.65	1:08.89	57.72			

2021-2022 2022-2023 2023-2024 2024-2025

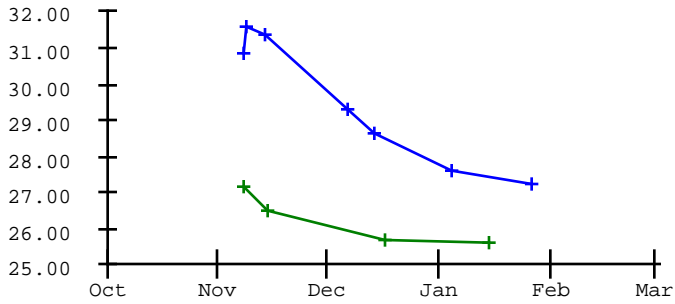
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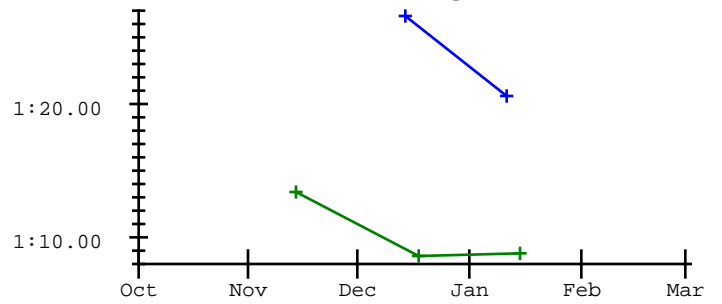
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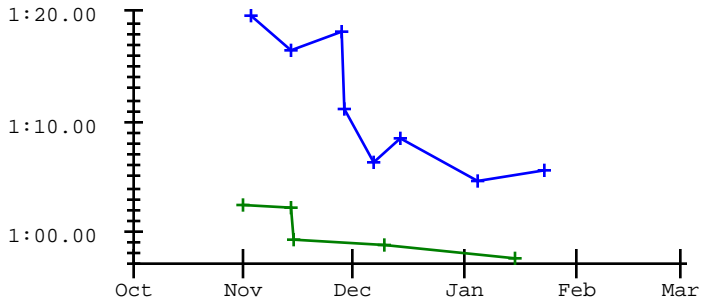
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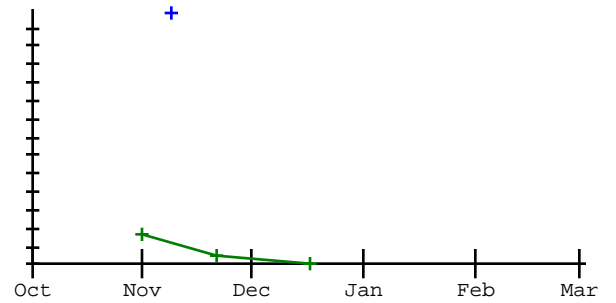
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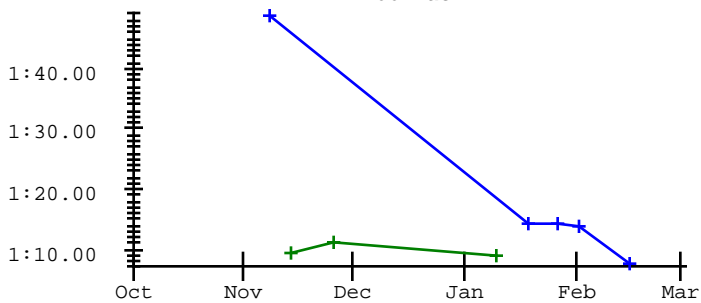
100 Free



500 Free



100 Back



100 Breast

