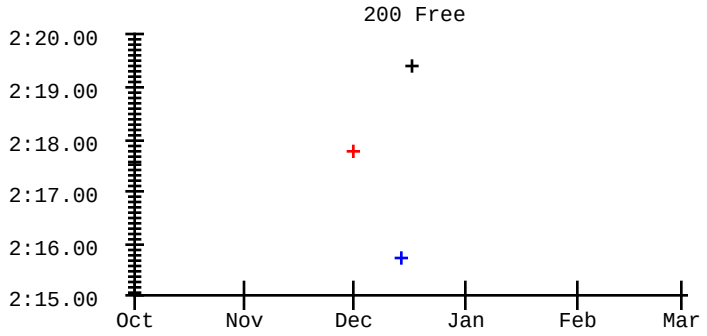
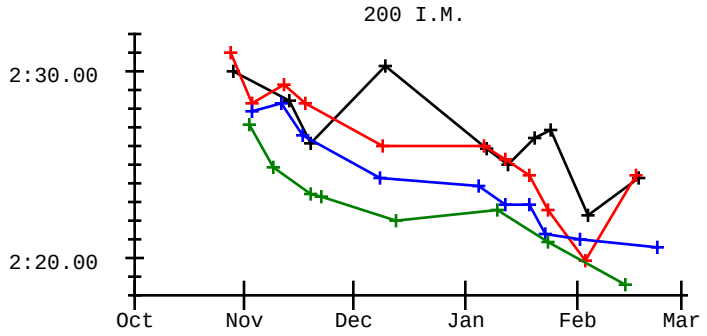
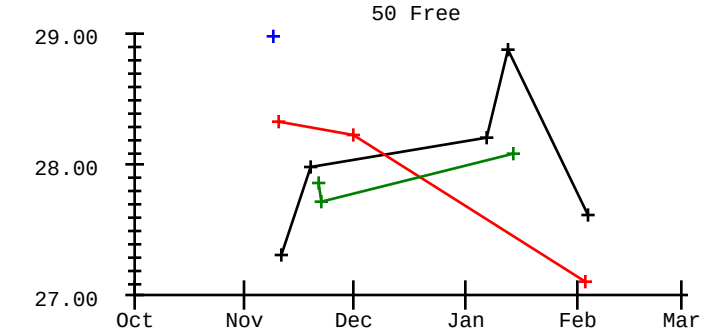
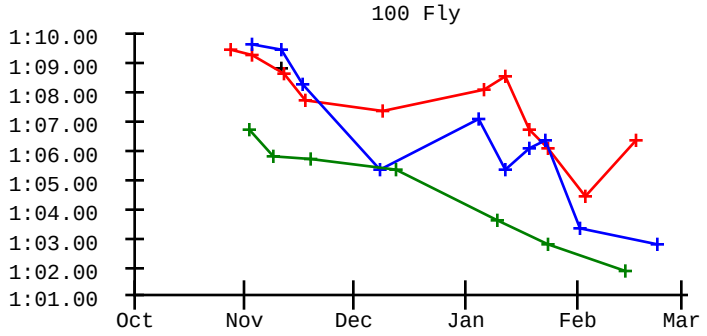
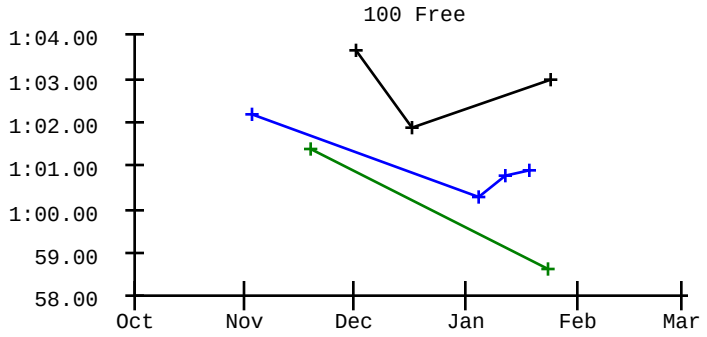
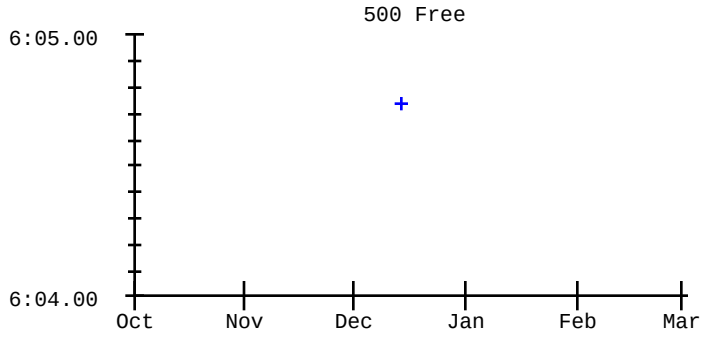
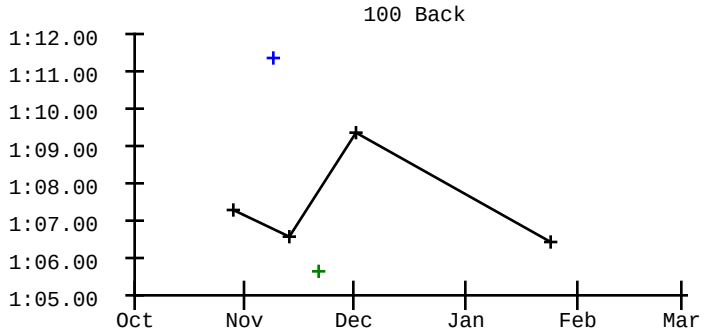
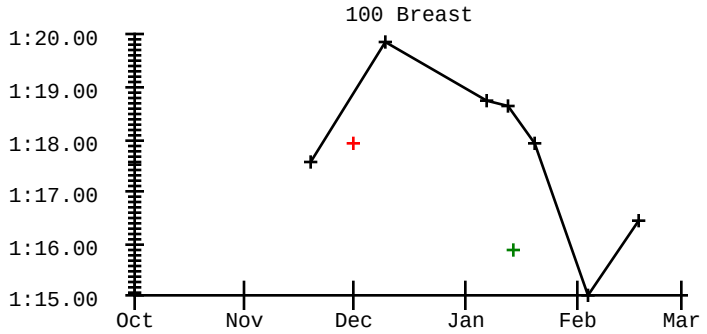
Seren Staples

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times		2:19.43	2:22.40	27.32	1:08.83	1:01.88		1:06.47	1:15.04
2022-2023 Best Times		2:17.78	2:19.87	27.12	1:04.41				1:17.93
2023-2024 Best Times		2:15.76	2:20.70	28.98	1:02.77	1:00.31	6:04.74	1:11.38	
Pre Region 24	11-02-2024		2:27.23		1:06.75				
Wasatch Kickoff Invite	11-09-2024		2:24.98		1:05.81				
Wasatch at Olympus	11-19-2024		2:23.52		1:05.76	1:01.38			
Wasatch v. Springville	11-21-2024			27.87				1:05.65	
2024 Thanksgiving Invi	11-22-2024		2:23.40	27.72					
Wasatch Winter Invite	12-13-2024		2:22.01		1:05.39				
Red Rock HS Invite - J	01-10-2025		2:22.60		1:03.63				
Wasatch v. Union & Mo	01-14-2025			28.09					1:15.89
Region 7 Championships	01-24-2025		2:20.89		1:02.82	58.62			
5A Utah High School St	02-14-2025		2:18.63		1:01.86				

2021-2022 2022-2023 2023-2024 2024-2025